

## Restaurants in the Downtown Montreal Area (April, 2011)

**Some choices for a good dinner. Call ahead to book a table. You should expect to pay at least \$60 for dinner at any of these restaurants (with tax and tip, but without wine).**

### **Alexandre**

French

Daily, noon – 2 a.m.

1454 Peel Street, (514) 288-5105

<http://www.chezalexandre.com/>

### **Le Caveau**

French. This is a moderately priced French restaurant. It is behind the McCord Museum in an old house.

Weekdays 11:30 a.m. to 11 p.m.; Saturday 5 p.m. to 11 p.m.

2063 Victoria Street, (514) 844-1624

[http://english.montrealplus.ca/bars\\_restaurants/restaurant\\_le\\_caveau/478008](http://english.montrealplus.ca/bars_restaurants/restaurant_le_caveau/478008)

### **DECCA77**

French / International. A very pleasant restaurant and wine bar at the corner of Drummond and René Lévesque. They have an excellent prix-fixe menu at \$35 (before tax or tip). Weekdays 11:30 a.m. to 10:30 p.m.; Saturday 5 p.m. to 10:30 p.m.

1077 Drummond St., (514) 934-1077

[www.decca77.com](http://www.decca77.com)

### **Ferreira Café**

Fish and Seafood, Portuguese

Monday to Friday, Noon to 3 p.m. and 5:30 - to 11 p.m.;

Saturday, 11 a.m. to Midnight.

1446 Peel Street, (514) 848-0988

<http://www.ferreiracafe.com/>

### **House of Jazz**

American

Monday to Wednesday, 11:30 a.m. to 1 a.m.; Thursday, 11:30 a.m. to 3 a.m.;

Friday and Saturday, 11 a.m. to 2 a.m.

2060 Aylmer Steet, (514) 842-8656

<http://www.houseofjazz.ca/>

### **Il Cortile**

Italian

11 a.m. to 11 p.m.

1442 Sherbrooke Street West, (514) 843-8230

[http://english.montrealplus.ca/home/restaurant\\_il\\_cortile/491409](http://english.montrealplus.ca/home/restaurant_il_cortile/491409)

### **Laloux**

French. An excellent mid-price French restaurant. About a \$10 cab ride from downtown or a nice walk of 25 minutes or so if the weather is good. Near Sherbrooke Metro.

Monday to Thursday, 11:30 a.m – 2:30 p.m. and 5:30 – 10:30 p.m.

Saturday, 5:45 – 10: p.m; Sunday 5:30 p.m. to 10:30 a.m.

250 Pine East (des Pins), (514) 287-9127

<http://www.laloux.com/>

**L'entrecote St. Jean**

French Bistro \*Set Meal of Soup, Salad, and Steak

Summer Hours: Monday, 11:30 a.m. to 10:00 p.m.; Tuesday & Wednesday, 11:30 a.m. to 10:30 p.m.; Thursday & Friday, 11:30 a.m. to 11:00 p.m.; Saturday, 5:00 p.m. to 11:00 p.m.; Sunday, 5 p.m. to 10 p.m.  
2022 Peel Street, (514) 281-6492

[http://www.lentrecotestjean.com/index\\_en.html](http://www.lentrecotestjean.com/index_en.html)

**L'Orchidée de Chine**

Chinese/Szechuan

Monday to Friday, Noon to 2:30 p.m., 6 to 10:30 p.m.;  
Saturday & Sunday, 6 p.m. to 11:30 p.m.

2017 Peel Street, (514) 287-1878

<http://www.orchideedechine.ca>

**Restaurant Julien**

French

Monday to Friday, 11:30 a.m. to 3 p.m. and 5:30 p.m. to 10:00 p.m.;  
Saturday 5:30 p.m. to 10 p.m.

1191 Union & St. Catherine, (514) 871-1581

<http://www.restaurantjulien.com/?lg=en>

**Value Restaurants For Dinner****Rugantino**

Northern Italian – 25-35 CAD for a set menu (3 courses)

Weekdays 11:30 a.m.-3 p.m., 5:30 p.m.-9 p.m.; Weekends 11:30 a.m.-3 p.m., 5:30 p.m.-10 p.m.

5486 St-Laurent Blvd (corner St-Viateur)

We suggest you take a cab to this restaurant.

(514) 277-6921

[http://restomontreal.ca/restaurants/index.php?section=viewresto&resto\\_id=1743&lang=en](http://restomontreal.ca/restaurants/index.php?section=viewresto&resto_id=1743&lang=en)

**Little Sheep**

Mongolian Hot Pot (buffet) – under 20 CAD

Weekdays, 11:30 a.m.-2:30 p.m., 4:30 p.m.-11:30 p.m.; Weekends, 11:30 a.m.-11:30 p.m.

50 de la Gauchetière W. (corner of Clark)

(514) 393-0888

<http://www.montrealmirror.com/2007/040507/resto.html>

<http://www.littlesheephotpot.com/finder.asp?id=3>

**The Main Deli Steak House**

Kosher Food – 10-15 CAD. Open until very late (4:30 a.m. or 5 a.m.)

3864 Saint-Laurent

Opposite Schwartz's on Saint-Laurent Blvd

(514) 843-8126

**Pushap**

Indian/Vegetarian – under 7 CAD!

Tue-Sun: 11am-9pm; Mon: Closed

975 Jean-Talon West, Montreal H3N 1S9

L'Acadie Metro, Cross Street: Stuart

Given how cheap this restaurant is, you can take a taxi there and back and still spend less than you would downtown. Their samosas are infamous amongst McGill students at bake sales.

(514) 274-3003

<http://english.montrealplus.ca/portal/profile.do?categoryID=2&contentType=0&profileID=1009869>

## **Some Downtown Options for a Good Lunch**

### **McCord Museum Café**

The set menu is usually very good – typically this is soup or salad, pasta or fish main course, and a dessert. Table service. About \$25 for a 3-course lunch. The McCord has a nice gift shop across from the café if you are looking for a vaguely historical souvenir.

Tuesday – Friday, 11:00 a.m – 4:00 p.m.

Saturday & Sunday, 11:00 a.m – 4:00 p.m.

690 Sherbrooke Street West

(514) 398-7100, ext. 306

### **Café Vasco Da Gama**

This café is run by Ferreira. They have a variety of interesting soups and sandwiches – you order at the counter and your meal is delivered to your table. Under \$15 for a sandwich and beverage.

Monday to Wednesday, 7 a.m.-7 p.m.; Thursday to Friday, 7 a.m.-9 p.m.; Saturday 9 a.m.-6 p.m.; Sunday 9 a.m.-5 p.m.

[http://restomontreal.ca/restaurants/index.php?section=viewresto&resto\\_id=1401&lang=en](http://restomontreal.ca/restaurants/index.php?section=viewresto&resto_id=1401&lang=en)

<http://www.vascodagama.ca>

1472 Peel St.

(514) 286-2688

### **Brûlerie St. Denis**

Popular choices here include quiches, salads, and sandwiches. Table service. About \$20 for lunch.

1188 Sherbrooke W. (in the Alcan Building)

(514) 985-9159

### **Le Commensal**

This is a vegetarian restaurant with a LOT of choices at a big buffet. You pay by weight. Under \$15 for lunch. Often very crowded at lunchtime. Open from 11:30 am to 10 pm.

1204 McGill College (upstairs)

[http://www.commensal.com/en/ou/restaurants/mcgill\\_college/default.idigit](http://www.commensal.com/en/ou/restaurants/mcgill_college/default.idigit)

### **Chez Cora**

For breakfast and lunch only. Bacon and eggs, waffles with fruit, pancakes, crepes. Table service. About \$15-20 for a big brunch. Open 6 am to 3 pm Monday to Saturday, 7 – 3 on Sunday. 3465 Park Ave (Ave du Parc)

<http://www.chezcora.com/a/02-au-menu/2-0-caroussel.htm>

## **Less expensive options for breakfast, lunch, coffee, or a snack**

### **Second Cup**

If you want something to eat with your coffee, note that there are more cakes and cookies than sandwiches here, but the sandwiches are OK. Many around Montreal open 24 hrs.

2200 McGill College Ave (beside Paragraphe Bookstore).

**Boulangerie Au Pain Dorée**, You can purchase a sandwich to take out, or go upstairs and order a sandwich to eat in the restaurant. Many wonderful pastries are available! Under \$12 for a sandwich, dessert and beverage. 1415 Peel (beside the Cours Mont-Royal).

<http://www.aupaindore.com/>

**Tim Horton's**, Open 24 hours. We admit we have never been to this Tim Horton's, but can thousands of students be wrong? Visitors to Canada should go to a Tim Horton's as an essential part of their introduction to Canada. 674 Sherbrooke St. W.

**Food Courts:** There are many fast food restaurants located in the food courts in the basements of the downtown shopping centres. About \$ 8 for lunch.

### **The Food Court at Eaton Center**

705 Ste-Catherine West

Walk down University St. and turn right at de Maisonneuve (the shopping centre takes up the whole block from St. Catherine to de Maisonneuve).

[http://centreeaton.shopping.ca/cambridge/jsp/index\\_flash.jsp?mallid=eat](http://centreeaton.shopping.ca/cambridge/jsp/index_flash.jsp?mallid=eat)

### **The Food Court at Simons (Carrefour L'industrielle-alliance)**

977 Sainte-Catherine West, Corner Metcalfe or Mansfield

<http://www.simons.ca/Magasins/Magasins.aspx?ID=06ace295-7f68-44ec-acfb-8fb651271fc3&menuID=06ace295-7f68-44ec-acfb-8fb651271fc3>

You can enter the underground city at the corner of De Maisonneuve and Union. The Promenades de la Cathédrale shopping centre has a small food court, or you can walk underground to the Eaton Centre. You can then walk from the Eaton Centre underground to the Simons basement, passing through the Place Montreal Trust shopping centre, which also has a food court. If you want to keep going underground, from the Carrefour L'industrielle-Alliance you reach Les Cours Mont-Royal, and eventually surface at Peel St. If the weather is very bad, you can walk five blocks underground – your total distance travelled will be a good deal greater than if you stay on the surface.

### **Local Specialties**

#### **Schwartz's**

Famous Smoked Meat – under 15 CAD

Sun-Thu: 8am – 12.30am; Fri: 8am – 1.30am; Sat: 8am – 2.30am

3895 Saint-Laurent Boulevard

(514) 842-4813

<http://www.schwartzsdeli.com/index2.html>

#### **Dunn's Famous**

Famous Montreal smoked meat restaurant. 1249 Metcalfe St. at Ste-Catherine

(514)395-1927

The traditional places to buy bagels are

St. Viateur Bagel, 263 St. Viateur W.

<http://www.stviateurbagel.com/index/page/contact/?/session/251f0e8cf98a32d513f30d1f1186da31>

Fairmount Bagel, 74 Fairmount W.

<http://www.fairmountbagel.com/eng/index.htm>

Both are open all the time. You should take a taxi from downtown (both are quite near the Rugantino Restaurant), or you can take a bus along Ave du Parc.

#### **Resto La Banquise**

Poutine. If you have had enough of high-end eating, here is an alternative! If you don't know what poutine is, maybe you don't want to find out. Open 24 hours.

994 Rachel East, corner of Lafontaine Park

In the Plateau, Mont-Royal metro

(514) 525-2415

<http://www.restolabanquise.com/index.php?page=poutines&langue=an>

**Where to purchase maple syrup:** On the weekend, there usually are farmers selling maple syrup, taffy (*tire* in French), maple butter (spreadable maple sugar) and maple sugar at stalls in the small park (Phillips Square) opposite the Bay department store on St. Catherine St at Union. If you have time, take the metro from McGill-College to Lionel-Groulx (4 stops) and walk along Atwater to the Atwater Market (about 10 minutes walk) where many farmers have stalls selling maple products. At the Atwater market you can also buy a range of cheeses, preserves, etc. both from the stalls and from the permanent stores inside. Do not buy maple syrup at gift shops, unless you are willing to pay a very large amount for the fancy bottle or tin. A 500 ml. tin should cost about \$7 at the Atwater market or in a supermarket. (The price varies a bit by grade of syrup.)